

Ergebnisliste MW 5 km

MWPI	Brutto	StNr	Name	m/w	AK	PI	AK	Verein	Netto	Netto-P	min/km
Weiblich											
1.	00:19:58	2086	Maxima Majer	W	1.	WJ	U18	Norbert-Gymnasium Knechtsteden	00:19:58	1.	3:59
2.	00:20:56	2139	Charlotte Voigt	W	1.	WJ	U16	Familie Voigt	00:20:49	2.	4:11
3.	00:21:11	2391	Katja Keßler	W	1.	W55		AS-Neukirchen-Vluyn	00:21:08	3.	4:14
4.	00:21:21	2293	Charlotta Hamacher	W	2.	WJ	U18		00:21:21	4.	4:16
5.	00:21:45	2311	Lena Marie Hartstein	W	1.	WK	U12	LAV Bayer Dormagen	00:21:44	5.	4:20
6.	00:22:43	2088	Anna Olschowsky	W	3.	WJ	U18	Norbert-Gymnasium Knechtsteden	00:22:40	6.	4:32
7.	00:23:07	2108	Imke Hohn	W	2.	WJ	U16	BvS 9e	00:23:06	7.	4:37
8.	00:23:16	2228	Katrin Cziommer	W	1.	W40		FC Straberg	00:23:09	8.	4:39
9.	00:23:49	2414	Liv Schellen	W	1.	WJ	U14	TuS Germania Hackenbroich	00:23:35	9.	4:45
10.	00:23:51	2286	Mia Oepen	W	2.	WJ	U14		00:23:37	10.	4:46
11.	00:23:55	2274	Mandy Kaminski	W	3.	WJ	U14	BvS Gesamtschule	00:23:53	11.	4:46
12.	00:24:09	2125	Evelin-Sophie Müller	W	4.	WJ	U14	BvS-Klasse 8e	00:24:06	14.	4:49
13.	00:24:09	2309	Merit Müller	W	2.	WK	U12	LAV Bayer Dormagen	00:24:02	12.	4:49
14.	00:24:11	2305	Elia Marla Devi	W	3.	WK	U12	LAV Bayer Dormagen	00:24:03	13.	4:50
15.	00:24:14	2121	Veda Kröckert	W	5.	WJ	U14	BvS-Klasse 8e	00:24:13	15.	4:50
16.	00:24:28	2166	Lisa Wirges	W	1.	W		Familie Wirges	00:24:18	16.	4:53
17.	00:24:28	2092	Jule Schulz	W	4.	WJ	U18	Norbert-Gymnasium Knechtsteden	00:24:22	17.	4:53
18.	00:24:35	2235	Samira Kruska	W	3.	WJ	U16	BVS 10E	00:24:33	20.	4:54
19.	00:24:35	2360	Martha Wiemers	W	1.	WJ	U20	BvS Sport LK Q2	00:24:30	19.	4:54
20.	00:24:39	2074	Hannah Bloser	W	5.	WJ	U18	Norbert-Gymnasium Knechtsteden	00:24:34	21.	4:55
21.	00:24:41	2159	Anna Dahlmanns	W	6.	WJ	U14	SG Zons / NGK	00:24:29	18.	4:56
22.	00:24:51	2251	Marley Ebro	W	4.	WK	U12	BVS Dormagen	00:24:40	22.	4:58
23.	00:24:57	2168	Johanna Leers	W	6.	WJ	U18	SCB Horrem	00:24:44	23.	4:59
24.	00:25:06	2310	Amelia Mertens	W	5.	WK	U12	LAV Bayer Dormagen	00:24:59	26.	5:01
25.	00:25:06	2061	Elena Reimann	W	7.	WJ	U14	FC Zons 1911 e.v.	00:24:59	25.	5:01
26.	00:25:15	2105	Anouk Frings	W	2.	WJ	U20		00:24:57	24.	5:02
27.	00:25:18	2387	Nadine Haas	W	2.	W40			00:25:11	27.	5:03
28.	00:25:25	2321	Lioba Kalka	W	7.	WJ	U18	Norbert Gymnasium Bedburg	00:25:13	28.	5:04
29.	00:25:25	2405	Maxima Lentz	W	4.	WJ	U16	SG Neukirchen-Hülchrath	00:25:22	31.	5:04
30.	00:25:25	2075	Annika Bublitz	W	8.	WJ	U18	Norbert-Gymnasium Knechtsteden	00:25:18	29.	5:04
31.	00:25:32	2115	Tooske Böhme	W	8.	WJ	U14	BvS-Klasse 8e	00:25:30	32.	5:06
32.	00:25:35	2190	Desiree Zinkan	W	1.	W30		BvS Dormagen Klasse 6e	00:25:18	30.	5:06
33.	00:25:37	2209	Mathilde Pajak	W	6.	WK	U12	BvS Dormagen Klasse 6e	00:25:32	33.	5:07
34.	00:25:38	2117	Mirja-Lena Haack	W	9.	WJ	U14	BvS-Klasse 8e	00:25:35	34.	5:07
35.	00:25:43	2119	Lina Hühn	W	10.	WJ	U14	BvS-Klasse 8e	00:25:42	35.	5:08
36.	00:25:55	2071	Yuna Maziul	W	11.	WJ	U14	FC Zons 1911 e.v.	00:25:47	36.	5:10
37.	00:25:57	2034	Dagmar Lange	W	1.	W50		Gehirnjogging Lange	00:25:51	37.	5:11
38.	00:26:08	2106	Elara Bielefeld	W	9.	WJ	U18	Norbert-Gymnasium Knechtsteden	00:26:01	38.	5:13
39.	00:26:23	2077	Carolin Ebert	W	10.	WJ	U18	Norbert-Gymnasium Knechtsteden	00:26:18	43.	5:16
40.	00:26:25	2232	Julie Tölle	W	7.	WK	U12	SG Zons	00:26:06	39.	5:16
41.	00:26:26	2141	Franziska Voigt	W	11.	WJ	U18	Familie Voigt	00:26:18	44.	5:17
42.	00:26:27	2102	Heike Weber	W	1.	W45			00:26:14	41.	5:17
43.	00:26:27	2269	Annika Gerards	W	12.	WJ	U18	Norbert-Gymnasium Knechtsteden	00:26:12	40.	5:17
44.	00:26:27	2101	Mira Weber	W	8.	WK	U12		00:26:14	42.	5:17
45.	00:26:39	2176	Franziska Gräfe	W	3.	W40			00:26:27	45.	5:19
46.	00:26:58	2175	Katja Simons	W	2.	W50			00:26:27	46.	5:23
47.	00:26:58	2363	Anna-Lena Siepen	W	3.	WJ	U20	BvS Sport LK Q2	00:26:55	48.	5:23
48.	00:27:00	2287	Lena Schielke	W	13.	WJ	U18		00:26:34	47.	5:23
49.	00:27:01	2288	Laura Kaminski	W	14.	WJ	U18	BVS 10E	00:26:59	50.	5:24
50.	00:27:03	2307	Anni Schvoll	W	9.	WK	U12	LAV Bayer Dormagen	00:26:56	49.	5:24
51.	00:27:05	2247	Katharina Henniger	W	12.	WJ	U14	SV Rosellen	00:27:02	51.	5:24
52.	00:27:12	2306	Ida Schwoll	W	10.	WK	U12	LAV Bayer Dormagen	00:27:02	53.	5:26
53.	00:27:12	2174	Finia Gerads	W	15.	WJ	U18	BVS 10E	00:27:09	56.	5:26
54.	00:27:12	2301	Kemi Körsgen	W	4.	WJ	U20	LAV Bayer Dormagen	00:27:04	54.	5:26
55.	00:27:12	2315	Nelli Leyian	W	11.	WK	U12	LAV Bayer Dormagen	00:27:02	52.	5:26
56.	00:27:14	2162	Monika Nowak	W	2.	W45			00:27:05	55.	5:26
57.	00:27:16	2185	Dana Kalinic	W	12.	WK	U12	SV Rosellen	00:27:13	57.	5:27
58.	00:27:27	2005	Meike Dinter	W	4.	W40			00:27:19	58.	5:29
59.	00:27:30	2197	Nilay Dalkilic	W	13.	WK	U12	BvS Dormagen Klasse 6e	00:27:26	60.	5:29
60.	00:27:30	2198	Noee Ganse	W	14.	WK	U12	BvS Dormagen Klasse 6e	00:27:26	61.	5:29
61.	00:27:31	2199	Hope Glück	W	15.	WK	U12	BvS Dormagen Klasse 6e	00:27:28	62.	5:30
62.	00:27:34	2116	Celina Daschke	W	13.	WJ	U14	BvS-Klasse 8e	00:27:32	64.	5:30
63.	00:27:36	2358	Charlotte	W	3.	W50			00:27:21	59.	5:31
64.	00:28:02	2294	Eleni Theodoridou	W	3.	W45		SFD75 Düsseldorf	00:27:47	66.	5:36

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MWPI	Brutto	StNr	Name	m/w	AK	PI	AK	Verein	Netto	Netto-P	min/km
65.	00:28:04	2397	Anastasia Pick	W	16.	WK	U12	TSV Bayer Dormagen	00:27:30	63.	5:36
66.	00:28:11	2373	Nicole Zemmin	W	4.	W45		#kommandofischfrikadelle	00:27:47	67.	5:38
67.	00:28:14	2225	Marion Opdenhövel	W	1.	W60		FC Straberg	00:27:39	65.	5:38
68.	00:28:20	2187	Fiona Strecha	W	16.	WJ	U18	Bertha-von-Suttner Gesamtschule 10E	00:28:14	69.	5:39
69.	00:28:26	2284	Mia Boldt	W	17.	WK	U12		00:28:21	71.	5:41
70.	00:28:26	2415	Eva-Marie Keßler	W	14.	WJ	U14	Norbert-Gymnasium Kechtsteden	00:28:12	68.	5:41
71.	00:28:38	2112	Katharina Wendland	W	5.	W45			00:28:18	70.	5:43
72.	00:28:45	2302	Hannah Gutsche	W	18.	WK	U12	LAV Bayer Dormagen	00:28:36	73.	5:44
73.	00:28:46	2332	Celia Sanchez	W	5.	WJ	U16	BVS 10E	00:28:39	74.	5:45
74.	00:28:47	2319	Valerie Reich	W	15.	WJ	U14	Norbert-Gymnasium Knechtsteden	00:28:35	72.	5:45
75.	00:28:53	2219	Emely Bark	W	6.	WJ	U16	Bertha-von-Suttner Gesamtschule	00:28:45	76.	5:46
76.	00:29:02	2394	Tanja Wischnewski	W	4.	W50			00:28:47	78.	5:48
77.	00:29:02	2200	Neele Haas	W	16.	WJ	U14	BvS Dormagen Klasse 6e	00:28:57	79.	5:48
78.	00:29:02	2370	Annika Nettersheim	W	5.	WJ	U20	BvS Sport LK Q2	00:28:44	75.	5:48
79.	00:29:05	2282	Iris Lohrer-Angres	W	5.	W50		Alles aus Liebe	00:28:46	77.	5:48
80.	00:29:10	2230	Nina Höfer	W	7.	WJ	U16	BVS 10E	00:29:00	80.	5:49
81.	00:29:13	2202	Isabel Heinz	W	19.	WK	U12	BvS Dormagen Klasse 6e	00:29:09	84.	5:50
82.	00:29:14	2334	Sophie Rütgens	W	17.	WJ	U14	TSV Bayer Dormagen	00:29:12	85.	5:50
83.	00:29:16	2374	Alexandra Malecki	W	18.	WJ	U14	SG Zons	00:29:12	86.	5:51
84.	00:29:17	2255	Jorid Kampe	W	19.	WJ	U14	BVS Dormagen	00:29:04	82.	5:51
85.	00:29:18	2158	Katja Stricker	W	2.	W			00:29:01	81.	5:51
86.	00:29:21	2172	Stella Neuwöhner	W	20.	WK	U12	NGK	00:29:08	83.	5:52
87.	00:29:22	2328	Marie Feiser	W	20.	WJ	U14		00:29:16	87.	5:52
88.	00:29:32	2253	Ziva Geuenich	W	21.	WK	U12	BVS Dormagen	00:29:20	91.	5:54
89.	00:29:33	2211	Mia Schneider	W	22.	WK	U12	BvS Dormagen Sp-LK Q1	00:29:29	92.	5:54
90.	00:29:35	2004	Stefanie Ropers	W	5.	W40			00:29:17	88.	5:54
91.	00:29:36	2367	Anna Titze	W	3.	W		BvS Sport LK Q2	00:29:18	89.	5:55
92.	00:29:37	2354	Hanna Thomy	W	23.	WK	U12		00:29:29	93.	5:55
93.	00:29:40	2303	Lena Krüger	W	24.	WK	U12	LAV Bayer Dormagen	00:29:32	94.	5:55
94.	00:29:45	2339	Lisa Krumm	W	4.	W		Laufenberg-Immobilien	00:29:19	90.	5:56
95.	00:30:02	2316	Barbara Bosbach	W	2.	W55			00:29:46	96.	6:00
96.	00:30:03	2207	Uta Ullrich	W	6.	W50		Zons	00:29:43	95.	6:00
97.	00:30:22	2292	Annette Fichtel	W	7.	W50		-	00:30:06	98.	6:04
98.	00:30:31	2268	Mira Vailezoudis	W	25.	WK	U12	BVS Dormagen	00:30:21	100.	6:06
99.	00:30:32	2392	Anna Keßler	W	5.	W			00:30:10	99.	6:06
100.	00:30:41	117	Sabrina Martina	W	1.	W35			00:30:05	97.	6:08
101.	00:31:02	2403	Patrizia Müller	W	6.	W			00:30:41	102.	6:12
102.	00:31:02	2404	Lena Renee Pick	W	7.	W			00:30:40	101.	6:12
103.	00:31:03	2215	Semina Tarcan	W	21.	WJ	U14	BvS Dormagen Sp-LK Q1	00:30:56	108.	6:12
104.	00:31:05	2314	Emma Weber	W	26.	WK	U12	LAV Bayer Dormagen	00:30:57	110.	6:12
105.	00:31:05	2270	Charlotte Bellen	W	6.	WJ	U20		00:30:51	105.	6:12
106.	00:31:06	2353	Carla von	W	27.	WK	U12		00:30:58	111.	6:13
107.	00:31:06	2300	Isabell GÜsgen	W	7.	WJ	U20	LAV Bayer Dormagen	00:30:56	107.	6:13
108.	00:31:09	2164	Nadine Greiner	W	6.	W40			00:30:44	103.	6:13
109.	00:31:16	2143	Katja Grams	W	6.	W45			00:31:00	113.	6:15
110.	00:31:16	2338	Saskia Kipping	W	2.	W30		Laufenberg-Immobilien	00:30:50	104.	6:15
111.	00:31:20	2236	Franca Trapp	W	2.	W35			00:30:56	109.	6:15
112.	00:31:20	2237	Simone Lubitz	W	3.	W35			00:30:55	106.	6:15
113.	00:31:25	2398	Nadine Storz	W	7.	W40		Fc Zons	00:30:58	112.	6:16
114.	00:31:30	2024	Angelika Immel	W	1.	W65			00:31:19	116.	6:17
115.	00:31:36	2023	Gabi Maus	W	2.	W60			00:31:26	118.	6:19
116.	00:31:40	2318	Aliyah Hensen	W	22.	WJ	U14	Norbert-Gymnasium Knechtsteden	00:31:28	119.	6:19
117.	00:31:41	2389	Emily Lindemann	W	8.	WJ	U16	TSV Bayer Dormagen	00:31:23	117.	6:20
118.	00:31:41	2035	Lea Braun	W	8.	W			00:31:13	114.	6:20
119.	00:31:42	2039	Neele Braun	W	17.	WJ	U18	SG Zons	00:31:13	115.	6:20
120.	00:31:53	2346	Mabel Glück	W	9.	WJ	U16	BVS 10E	00:31:45	122.	6:22
121.	00:31:58	2184	Andrea Sauer	W	3.	W55		Bujin Gym Rommerskirchen	00:31:37	120.	6:23
122.	00:32:00	2183	Nadine Schmitz	W	8.	W40		Bujin Gym Rommerskirchen	00:31:40	121.	6:23
123.	00:32:22	2136	Ingrid Cepok	W	3.	W60		Alles aus Liebe	00:32:00	124.	6:28
124.	00:32:23	2103	Lena Malek	W	9.	W			00:31:56	123.	6:28
125.	00:32:39	2126	Romy Saube	W	23.	WJ	U14	BvS-Klasse 8e	00:32:36	125.	6:31
126.	00:33:21	2262	Clara Menz	W	28.	WK	U12	BVS Dormagen	00:33:09	126.	6:40
127.	00:33:38	574	Michaela Lentz	W	8.	W50		SG Neukirchen-Hülchrath	00:33:35	128.	6:43
128.	00:33:47	2104	Cora Kather	W	8.	WJ	U20		00:33:34	127.	6:45
129.	00:33:50	2150	Mia Filz	W	29.	WK	U12	TSV Dormagen	00:33:40	130.	6:45
130.	00:33:51	2152	Hanna Holzhauer	W	30.	WK	U12		00:33:40	129.	6:46

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MWPI	Brutto	StNr	Name	m/w	AK	PI	AK	Verein	Netto	Netto-P	min/km
131.	00:34:03	2151	Ines Filz	W	7.		W45		00:33:52	131.	6:48
132.	00:34:24	2193	Paola Bizga	W	31.		WK U12	BvS Dormagen Klasse 6e	00:34:21	134.	6:52
133.	00:34:26	2145	Julia Groß	W	9.		W40		00:34:01	133.	6:53
134.	00:34:27	2026	Petra Heyer	W	8.		W45	Stadtbad- und Verkehrsgesellschaft	00:33:56	132.	6:53
135.	00:34:30	2205	Rebecca Kislak	W	32.		WK U12	BvS Dormagen Klasse 6e	00:34:25	135.	6:53
136.	00:35:02	2142	Lara Grams	W	10.		W		00:34:45	137.	7:00
137.	00:35:05	2189	Petra Heuwold	W	4.		W60		00:34:49	138.	7:00
138.	00:35:08	2375	Jana Benz	W	24.		WJ U14	SG Zons	00:34:45	136.	7:01
139.	00:35:33	2006	Karin Beran	W	9.		W45		00:35:10	140.	7:06
140.	00:35:36	2379	Hanna Halbach	W	9.		WJ U20		00:35:08	139.	7:07
141.	00:36:01	2327	Lea Lipczynski	W	10.		WJ U16	BVS 10E	00:35:51	143.	7:12
142.	00:36:01	2239	Lea Witzig	W	11.		WJ U16	Berta-von-Suttner Gesamtschule	00:35:51	142.	7:12
143.	00:36:15	2362	Floriana Hahm	W	10.		WJ U20	BvS Sport LK Q2	00:36:11	144.	7:14
144.	00:36:17	2009	Hannelore Beivers	W	5.		W60		00:35:48	141.	7:15
145.	00:37:02	2340	Melise Olmaz	W	11.		W	Laufenberg-Immobilien	00:36:37	146.	7:24
146.	00:37:02	2342	Helene Vondriik	W	11.		WJ U20	Laufenberg-Immobilien	00:36:35	145.	7:24
147.	00:37:04	2170	Ella Weiß	W	12.		WJ U16	BVS 10E	00:36:56	149.	7:24
148.	00:37:06	2257	Margo Kölsch	W	33.		WK U12	BVS Dormagen	00:36:54	148.	7:25
149.	00:37:16	2406	Nicole	W	9.		W50		00:36:53	147.	7:27
150.	00:37:23	2349	Stefanie Gädke	W	4.		W35	Chemion Logistik GmbH	00:37:00	150.	7:28
151.	00:37:41	2173	Lia Nasser	W	13.		WJ U16	Berta-von-Suttner Gesamtschule	00:37:33	151.	7:32
152.	00:37:58	2260	Maja Kristensen	W	34.		WK U12	BVS Dormagen	00:37:46	152.	7:35
153.	00:38:31	2266	Sofia Sortino	W	35.		WK U12	BVS Dormagen	00:38:21	154.	7:42
154.	00:38:31	2265	Anna Mira Schnee	W	36.		WK U12	BVS Dormagen	00:38:20	153.	7:42
155.	00:38:40	2196	Ece Cayir	W	37.		WK U12	BvS Dormagen Klasse 6e	00:38:34	156.	7:43
156.	00:38:42	2264	Melina Paffendorf	W	38.		WK U12	BVS Dormagen	00:38:32	155.	7:44
157.	00:38:45	2191	Maja Arendarska	W	39.		WK U12	BvS Dormagen Klasse 6e	00:38:40	158.	7:44
158.	00:38:51	2195	Estella Cantavenera	W	40.		WK U12	BvS Dormagen Klasse 6e	00:38:46	160.	7:46
159.	00:39:07	2380	Nadine Rottmann	W	10.		W40		00:38:48	161.	7:49
160.	00:39:07	2377	Verena Lehnen	W	11.		W40		00:38:49	162.	7:49
161.	00:39:07	2008	Rebecca Grieb	W	3.		W30		00:38:38	157.	7:49
162.	00:39:19	83	Susanne Becker	W	5.		W35		00:38:41	159.	7:51
163.	00:40:25	2250	Laura Dost	W	41.		WK U12	BVS Dormagen	00:40:14	164.	8:04
164.	00:40:27	2042	Sindy Reinhold	W	12.		W40		00:39:55	163.	8:05
165.	00:42:11	2040	Isabel Ritter	W	6.		W35		00:41:49	165.	8:26
166.	00:42:25	2134	Diana Strauch	W	10.		W50	TK Grevenbroich	00:41:51	166.	8:28
167.	00:42:57	2045	Alexandra Sämmer	W	10.		W45		00:42:32	167.	8:35
168.	00:43:38	2037	Roswitha Bruchholz	W	1.		W70		00:43:16	168.	8:43
169.	00:44:44	2133	Bianca Cotania	W	11.		W45	TK Grevenbroich	00:44:10	170.	8:56
170.	00:44:44	2132	Birgit Ratke	W	11.		W50	TK Grevenbroich	00:44:08	169.	8:56

Männlich

1.	00:16:53	2144	Sebastian Handke	M	1.		M		00:16:50	1.	3:22
2.	00:18:05	2322	Ben Odenthal	M	1.		MJ U16	SG Kaarst	00:18:04	2.	3:36
3.	00:18:14	2220	Nils Faggo	M	2.		M	Laufteam KREUELS	00:18:13	3.	3:38
4.	00:18:41	2107	Eric Taubitz	M	1.		MJ U18	Norbert-Gymnasium Knechtsteden	00:18:40	4.	3:44
5.	00:19:02	2076	Jacob Daams	M	2.		MJ U18	Norbert-Gymnasium Knechtsteden	00:18:59	5.	3:48
6.	00:19:03	2366	Philipp Steinborn	M	1.		MJ U20	BvS Sport LK Q2	00:19:02	6.	3:48
7.	00:19:44	2407	Mika Haack	M	3.		MJ U18		00:19:43	9.	3:56
8.	00:19:45	2296	Harald Gläßer	M	1.		M50	SG Zons	00:19:43	8.	3:56
9.	00:19:46	2411	Kai Klemmer	M	1.		MK U12	BVS Dormagen	00:19:45	10.	3:57
10.	00:19:47	2357	Claas Riekenbrauk	M	2.		MJ U16	TSV Bayer Dormagen	00:19:45	11.	3:57
11.	00:19:58	2335	Manuel Rasch	M	3.		M	Laufenberg-Immobilien	00:19:33	7.	3:59
12.	00:20:02	2372	Juri Filenkov	M	2.		MJ U20	BvS Sport LK Q2	00:20:00	12.	4:00
13.	00:20:03	2129	Leonard Weber	M	3.		MJ U16	BvS-Klasse 8e	00:20:03	13.	4:00
14.	00:20:05	2221	Marc Rösger	M	1.		M30	Laufteam KREUELS	00:20:03	14.	4:00
15.	00:20:12	2290	Erik Hecker	M	2.		M50		00:20:08	15.	4:02
16.	00:20:31	2099	Till Oke Weiß	M	4.		MJ U16	ASC Düsseldorf	00:20:22	16.	4:06
17.	00:20:32	2413	David Brockmeier	M	1.		M35	Norbert-Gymnasium Knechtsteden	00:20:26	17.	4:06
18.	00:20:35	2100	Stephan Weiß	M	1.		M45	Triathlon Team Düsseldorf	00:20:27	18.	4:06
19.	00:21:00	2156	Sydney von Zons	M	1.		MJ U14	LAV Bayer Uerdingen/Dormagen	00:20:59	20.	4:11
20.	00:21:03	2096	Daniel Kraus	M	2.		M30	Norbert-Gymnasium Knechtsteden	00:20:56	19.	4:12
21.	00:21:09	2227	Hubert Schillings	M	1.		M60	FC Straberg	00:21:03	21.	4:13
22.	00:21:11	2395	Julio Costa	M	2.		M45	AS Neukirchen-Vluyn	00:21:08	22.	4:14
23.	00:21:21	2272	Felix Siebertz	M	2.		MJ U14		00:21:11	23.	4:16
24.	00:21:23	2273	Jan Siebertz	M	1.		M40		00:21:12	24.	4:16

Ergebnisliste MW 5 km

MWPI	Brutto	StNr	Name	m/w	AK	PI	AK	Verein	Netto	Netto-P	min/km
25.	00:21:27	2245	Sebastian Thomas	M	3.	MJ	U14	Blade Knights jrs. Solingen	00:21:16	25.	4:17
26.	00:21:29	2276	Mark Kuijpers	M	3.	M50		Norbert-Gymnasium Knechtsteden	00:21:22	26.	4:17
27.	00:21:39	2275	Piet Kuijpers	M	4.	MJ	U14	Norbert-Gymnasium Knechtsteden	00:21:29	27.	4:19
28.	00:21:41	2188	Kilian Marx	M	4.	MJ	U18		00:21:38	29.	4:20
29.	00:21:41	2084	Alexander Konrad	M	5.	MJ	U18	Norbert-Gymnasium Knechtsteden	00:21:36	28.	4:20
30.	00:21:45	2390	Finn Schmitz	M	5.	MJ	U16	LAZ Mönchengladbach	00:21:43	30.	4:20
31.	00:21:50	2114	Thomas Becker	M	1.	M55		BvS-Klasse 8e	00:21:49	32.	4:21
32.	00:21:52	2082	Aaron Kather	M	6.	MJ	U18	Norbert-Gymnasium Knechtsteden	00:21:47	31.	4:22
33.	00:22:00	2326	Maurice Daschke	M	7.	MJ	U18	BVS 10E	00:21:57	33.	4:23
34.	00:22:02	2231	Eric Leven	M	6.	MJ	U16	BVS 10E	00:21:59	35.	4:24
35.	00:22:05	2140	Maximilian Voigt	M	5.	MJ	U14	Familie Voigt	00:21:57	34.	4:24
36.	00:22:06	2095	David Zillikens	M	8.	MJ	U18	Norbert-Gymnasium Knechtsteden	00:22:03	38.	4:25
37.	00:22:10	2081	Mats Hunold	M	9.	MJ	U18	Norbert-Gymnasium Knechtsteden	00:22:07	39.	4:25
38.	00:22:11	2194	Len Bonczyk	M	2.	MK	U12	BvS Dormagen Klasse 6e	00:22:08	40.	4:26
39.	00:22:13	2049	Valentin Ericke	M	3.	MK	U12	Norbert-Gymnasium Knechtsteden	00:22:09	41.	4:26
40.	00:22:14	2089	Felix Rieck	M	10.	MJ	U18	Norbert-Gymnasium Knechtsteden	00:22:00	36.	4:26
41.	00:22:23	2014	Andreas Schmidtke	M	2.	M35			00:22:17	43.	4:28
42.	00:22:24	2325	Gerard Kpelehounsi	M	4.	M		Kalka-Moll family	00:22:21	46.	4:28
43.	00:22:24	2025	Tim Dziggel	M	3.	M30			00:22:19	44.	4:28
44.	00:22:25	2001	Simon Preß	M	5.	M		Dormagen-Stürzelberg	00:22:00	37.	4:28
45.	00:22:27	2080	Antonio Heesen	M	11.	MJ	U18	Norbert-Gymnasium Knechtsteden	00:22:23	47.	4:29
46.	00:22:27	2085	Benjamin Lonshen	M	12.	MJ	U18	Norbert-Gymnasium Knechtsteden	00:22:21	45.	4:29
47.	00:22:32	2341	Yannick Villalpando	M	6.	MJ	U14	BVS	00:22:23	48.	4:30
48.	00:22:34	2224	Salvador Villalpando	M	4.	M50		FC Straberg	00:22:26	49.	4:30
49.	00:22:36	2291	Rasmus Rother	M	7.	MJ	U14		00:22:33	51.	4:31
50.	00:22:36	2047	Robin Sämmmer	M	13.	MJ	U18		00:22:32	50.	4:31
51.	00:22:40	2057	Timo Kellmann	M	4.	MK	U12	FC Zons 1911 e.v.	00:22:35	53.	4:31
52.	00:22:42	2242	Felix Henn	M	8.	MJ	U14	Norbert-Gymnasium Knechtsteden	00:22:35	52.	4:32
53.	00:22:47	2138	Alexander Voigt	M	3.	M45		Familie Voigt	00:22:11	42.	4:33
54.	00:22:53	2243	Thomas Henn	M	5.	M50		Norbert-Gymnasium Knechtsteden	00:22:46	54.	4:34
55.	00:23:00	2201	Samuel Hachem	M	5.	MK	U12	BvS Dormagen Klasse 6e	00:22:56	56.	4:35
56.	00:23:03	2384	Konstantin	M	9.	MJ	U14	TSV Bayer Dormagen	00:23:02	57.	4:36
57.	00:23:07	2312	Jose Manuel Ares	M	6.	M			00:22:46	55.	4:37
58.	00:23:12	2171	Fabian Nowak	M	14.	MJ	U18	BVS 10E	00:23:09	59.	4:38
59.	00:23:16	2127	Finn Schömann	M	10.	MJ	U14	BvS-Klasse 8e	00:23:14	63.	4:39
60.	00:23:19	2078	Jarno Fischer	M	3.	MJ	U20	Norbert-Gymnasium Knechtsteden	00:23:13	61.	4:39
61.	00:23:23	2330	Julius Braun	M	4.	MJ	U20		00:23:05	58.	4:40
62.	00:23:27	2203	Ole Käser	M	11.	MJ	U14	BvS Dormagen Klasse 6e	00:23:23	64.	4:41
63.	00:23:28	2388	Julius Lindemann	M	12.	MJ	U14	TSV Bayer Dormagen	00:23:10	60.	4:41
64.	00:23:34	2279	Yannick Angres	M	7.	MJ	U16	Alles aus Liebe	00:23:33	65.	4:42
65.	00:23:39	2337	Cédric Schmitz	M	7.	M		Laufenberg-Immobilien	00:23:14	62.	4:43
66.	00:23:47	2214	Dawid Szczepkowski	M	6.	MK	U12	BvS Dormagen Sp-LK Q1	00:23:44	70.	4:45
67.	00:23:49	2120	Max Klemmer	M	13.	MJ	U14	BvS-Klasse 8e	00:23:48	71.	4:45
68.	00:23:53	2281	Matheo Angres	M	14.	MJ	U14	Alles aus Liebe	00:23:51	72.	4:46
69.	00:23:54	2113	Johannes Wendland	M	7.	MK	U12		00:23:35	66.	4:46
70.	00:23:56	2153	Markus Dohmen	M	2.	M40			00:23:37	67.	4:47
71.	00:24:00	2364	Jonas von	M	5.	MJ	U20	BvS Sport LK Q2	00:23:43	69.	4:47
72.	00:24:01	2369	Thomas Höfer	M	6.	MJ	U20	BvS Sport LK Q2	00:23:43	68.	4:48
73.	00:24:04	2283	Paul Liedl	M	8.	MJ	U16	BVS Dormagen	00:24:02	77.	4:48
74.	00:24:06	2386	Lionel Glomb	M	15.	MJ	U14	BvS Dormagen Klasse 6e	00:24:04	78.	4:49
75.	00:24:07	2412	Sven Blömacher	M	4.	M30			00:24:01	75.	4:49
76.	00:24:08	2018	Michael Roy	M	8.	M			00:24:01	76.	4:49
77.	00:24:09	2154	Arne Gustav Haupt	M	8.	MK	U12		00:23:58	74.	4:49
78.	00:24:13	2355	Lars Lange	M	16.	MJ	U14		00:24:08	79.	4:50
79.	00:24:16	2212	Simon Schumacher	M	17.	MJ	U14	BvS Dormagen Sp-LK Q1	00:24:12	80.	4:51
80.	00:24:18	2053	Julius Knauff	M	15.	MJ	U18	SG Zons	00:23:52	73.	4:51
81.	00:24:27	2218	Robin Schröder	M	16.	MJ	U18		00:24:26	85.	4:53
82.	00:24:31	2058	Adam Chiki	M	9.	MK	U12	FC Zons 1911 e.v.	00:24:22	81.	4:54
83.	00:24:36	2329	Marco Kruska	M	4.	M45		TSV Bayer Dormagen	00:24:34	87.	4:55
84.	00:24:39	2345	Simon Dahlmanns	M	9.	MJ	U16	FC Zons	00:24:26	82.	4:55
85.	00:24:40	2015	Christian Mehl	M	3.	M35			00:24:33	86.	4:55
86.	00:24:41	2017	Daniel Hagenau	M	4.	M35			00:24:34	88.	4:56
87.	00:24:46	2331	Oliver Jonietz	M	5.	M30			00:24:26	84.	4:57
88.	00:24:47	2317	Alexander Toll	M	6.	M30			00:24:26	83.	4:57
89.	00:24:58	2213	Lukas Strohof	M	10.	MK	U12	BvS Dormagen Sp-LK Q1	00:24:54	91.	4:59
90.	00:24:58	2091	Simon Schubert	M	17.	MJ	U18	Norbert-Gymnasium Knechtsteden	00:24:53	90.	4:59

Ergebnisliste MW 5 km

MWPI	Brutto	StNr	Name	m/w	AK	PI	AK	Verein	Netto	Netto-P	min/km
91.	00:25:00	2249	Nils Bark	M	11.	MK	U12	BVS Dormagen	00:24:52	89.	4:59
92.	00:25:01	2094	Erik Wißen	M	18.	MJ	U18	Norbert-Gymnasium Knechtsteden	00:24:54	92.	5:00
93.	00:25:06	2069	Philipp Schneider	M	12.	MK	U12	FC Zons 1911 e.v.	00:24:56	93.	5:01
94.	00:25:09	2147	Jascha Ganse	M	13.	MK	U12	Norbert-Gymnasium Knechtsteden	00:25:05	96.	5:01
95.	00:25:14	2056	Christian Kellmann	M	5.	M35		FC Zons 1911 e.v.	00:25:04	95.	5:02
96.	00:25:20	2263	Jan Paul Müller	M	14.	MK	U12	BVS Dormagen	00:25:10	98.	5:03
97.	00:25:20	2208	Benjamin Neumann	M	15.	MK	U12	BvS Dormagen Klasse 6e	00:25:17	99.	5:03
98.	00:25:23	2223	Oliver Jandt	M	2.	M55		FC Straberg	00:24:59	94.	5:04
99.	00:25:25	2368	Noah Grabolus	M	7.	MJ	U20	BvS Sport LK Q2	00:25:09	97.	5:04
100.	00:25:26	2216	Benjamin Wöller	M	16.	MK	U12	BvS Dormagen Sp-LK Q1	00:25:23	102.	5:05
101.	00:25:36	2060	Ben Luca Baake	M	17.	MK	U12	FC Zons 1911 e.v.	00:25:26	104.	5:07
102.	00:25:41	2051	Jakob Negri	M	18.	MK	U12	TSV Dormagen	00:25:37	107.	5:08
103.	00:25:42	2277	Tom Reißberg	M	6.	M35			00:25:19	100.	5:08
104.	00:25:45	2222	Arne Janson	M	7.	M35			00:25:29	105.	5:08
105.	00:25:48	2280	Timon Angres	M	18.	MJ	U14	Alles aus Liebe	00:25:46	109.	5:09
106.	00:25:49	2064	Jakob Dribusch	M	19.	MK	U12	FC Zons 1911 e.v.	00:25:41	108.	5:09
107.	00:25:51	2400	Jakob Storz	M	19.	MJ	U14	Fc Zons	00:25:21	101.	5:10
108.	00:25:52	2378	Frederik Stober	M	8.	MJ	U20		00:25:23	103.	5:10
109.	00:26:03	2013	Detlev Porzeng	M	1.	M70		VfL Kamen	00:26:00	110.	5:12
110.	00:26:05	2401	Jonas Riske	M	20.	MJ	U14	Fc Zons	00:25:35	106.	5:12
111.	00:26:23	2050	Lukas Cavric	M	20.	MK	U12	FC Zons	00:26:23	115.	5:16
112.	00:26:26	2032	Andreas Goertz	M	3.	M40			00:26:21	113.	5:17
113.	00:26:35	2323	Florin Kalka	M	9.	M		Kalka-Moll family	00:26:23	114.	5:18
114.	00:26:40	2073	Lukas Paklinski	M	10.	M		Tectrion GmbH	00:26:20	112.	5:19
115.	00:26:41	2409	Andre Papenheim	M	11.	M			00:26:25	117.	5:20
116.	00:26:41	2320	Jonas Schuck	M	9.	MJ	U20	TG Neuss	00:26:17	111.	5:20
117.	00:26:45	2181	Robin Grella	M	12.	M		Tectrion GmbH	00:26:25	116.	5:20
118.	00:26:50	2155	Emil Huth	M	19.	MJ	U18	Bertha-von-Suttner Gesamtschule 10E	00:26:45	121.	5:21
119.	00:26:51	2165	Christian Wirges	M	13.	M		Familie Wirges	00:26:41	118.	5:22
120.	00:26:51	2163	Timo Huthmacher	M	10.	MJ	U16	Bertha-von-Sattler Gesamtschule	00:26:44	120.	5:22
121.	00:26:51	2087	Severin Molz	M	20.	MJ	U18	Norbert-Gymnasium Knechtsteden	00:26:45	122.	5:22
122.	00:26:54	2052	Georg Molz	M	3.	M55		Pulheim Hornets	00:26:43	119.	5:22
123.	00:27:00	2344	Paul Kozlowski	M	7.	M30			00:26:46	123.	5:23
124.	00:27:03	2261	Ben Markiefka	M	21.	MK	U12	BVS Dormagen	00:26:48	124.	5:24
125.	00:27:03	2124	Tim Liedl	M	11.	MJ	U16	BvS-Klasse 8e	00:27:03	127.	5:24
126.	00:27:03	2179	Jonas Nachtschatt	M	14.	M			00:26:56	126.	5:24
127.	00:27:15	2217	Reiner Reichel	M	1.	M65			00:26:53	125.	5:26
128.	00:27:18	2079	Jan Glittenberg	M	21.	MJ	U18	Norbert-Gymnasium Knechtsteden	00:27:13	129.	5:27
129.	00:27:34	2122	Tim Kroll	M	21.	MJ	U14	BvS-Klasse 8e	00:27:33	131.	5:30
130.	00:27:36	2333	Josef Vogt	M	2.	M70		TV Frisch Auf Lennep	00:27:05	128.	5:31
131.	00:27:37	2359	Thomas	M	2.	M60			00:27:22	130.	5:31
132.	00:27:48	2410	Elijah Weinands	M	22.	MK	U12	BVS Dormagen	00:27:35	132.	5:33
133.	00:27:52	2382	Marcel Schiffer	M	8.	M35		Yes, we run	00:27:37	133.	5:34
134.	00:27:55	2059	Abdelhak Chiki	M	4.	M40		FC Zons 1911 e.v.	00:27:43	135.	5:34
135.	00:28:04	2324	Silvan Kalka	M	12.	MJ	U16	Kalka-Moll family	00:27:52	137.	5:36
136.	00:28:10	2206	Moritz Lenz	M	23.	MK	U12	BvS Dormagen Klasse 6e	00:28:05	141.	5:37
137.	00:28:12	2383	Michael Bolte	M	5.	M40		Absolute Run - Laufladen Bonn	00:27:49	136.	5:38
138.	00:28:13	2396	Tobias Pick	M	5.	M45		TSV Bayer Dormagen	00:27:39	134.	5:38
139.	00:28:16	2130	Constantin Greiner	M	22.	MJ	U14	Flotte Boschte Neukirchen	00:28:04	139.	5:39
140.	00:28:16	2149	Christian Dicken	M	23.	MJ	U14	Norbert-Gymnasium Knechtsteden	00:28:05	140.	5:39
141.	00:28:19	2361	Louis Mainka	M	15.	M		BvS Sport LK Q2	00:28:02	138.	5:39
142.	00:28:29	2285	Sascha Mews	M	6.	M40			00:28:24	143.	5:41
143.	00:28:33	2178	Ralf Nachtschatt	M	3.	M60			00:28:26	144.	5:42
144.	00:28:41	2347	Günther Schoofs	M	4.	M60		Chemion Logistik GmbH	00:28:18	142.	5:44
145.	00:29:03	2289	Rainer Lenneffer	M	5.	M60		Marathon Soest	00:28:32	145.	5:48
146.	00:29:19	2157	Timo Stricker	M	8.	M30			00:29:01	147.	5:51
147.	00:29:19	2271	Gregor Harmeyer	M	6.	M60			00:28:58	146.	5:51
148.	00:29:19	2240	Marco Papadimitriou	M	13.	MJ	U16	BVS 10E	00:29:11	150.	5:51
149.	00:29:21	2169	Constantin Klein	M	24.	MK	U12		00:29:08	148.	5:52
150.	00:29:22	2256	Janosch	M	25.	MK	U12	BVS Dormagen	00:29:08	149.	5:52
151.	00:29:27	2016	Marc Feiser	M	9.	M35			00:29:20	153.	5:53
152.	00:29:28	2065	Lennox Rast	M	26.	MK	U12	FC Zons 1911 e.v.	00:29:16	152.	5:53
153.	00:29:29	2258	Mats Kraus	M	27.	MK	U12	BVS Dormagen	00:29:16	151.	5:53
154.	00:29:31	2254	Mauri Hansen	M	28.	MK	U12	BVS Dormagen	00:29:20	154.	5:54
155.	00:29:33	2055	Andreas Weiß	M	10.	M35		FC Zons 1911 e.v.	00:29:23	155.	5:54
156.	00:29:34	2067	Malik Schneider	M	29.	MK	U12	FC Zons 1911 e.v.	00:29:26	156.	5:54

Ergebnisliste MW 5 km

MWPI	Brutto	StNr	Name	m/w	AK	PI	AK	Verein	Netto	Netto-P	min/km
157.	00:29:40	2313	Timo Meier	M	30.	MK	U12	LAV Bayer Dormagen	00:29:32	158.	5:55
158.	00:29:42	2304	Max Krüger	M	31.	MK	U12	LAV Bayer Dormagen	00:29:33	160.	5:56
159.	00:29:44	2252	Luca Ben Fabich	M	32.	MK	U12	BVS Dormagen	00:29:32	159.	5:56
160.	00:29:44	2109	Jens Kampe	M	6.	M50			00:29:31	157.	5:56
161.	00:29:45	2072	Helmut Drewitz	M	3.	M70		marathonteam online	00:29:40	161.	5:56
162.	00:30:11	2167	Dieter Wirges	M	2.	M65		Familie Wirges	00:30:01	162.	6:02
163.	00:30:32	2393	Leon Keßler	M	16.	M			00:30:09	163.	6:06
164.	00:30:53	2408	Silas Nicolaus	M	24.	MJ	U14	FC Zons	00:30:22	164.	6:10
165.	00:31:02	2350	Daniel Krenz	M	17.	M		Chemion Logistik GmbH	00:30:39	165.	6:12
166.	00:31:08	2308	Dirk Heimes	M	4.	M70		Djk Deutmecke	00:30:44	166.	6:13
167.	00:31:25	2399	Ulrich Storz	M	7.	M50		Fc Zons	00:30:58	167.	6:16
168.	00:31:41	2036	Fabian Braun	M	18.	M			00:31:13	168.	6:20
169.	00:32:02	2233	Dominik Tölle	M	11.	M35			00:31:42	169.	6:24
170.	00:32:18	2097	Jonas Draser	M	33.	MK	U12	TSV Bayer Dormagen	00:31:50	170.	6:27
171.	00:32:19	2098	Caesar Draser	M	7.	M40		TSV Bayer Dormagen Tri	00:31:51	171.	6:27
172.	00:32:27	2137	Theodor Cepok	M	3.	M65		Alles aus Liebe	00:32:03	172.	6:29
173.	00:32:30	2022	Peter Nitsch	M	7.	M60			00:32:11	174.	6:29
174.	00:32:32	2182	Salvatore Scudato	M	6.	M45		Tectrion GmbH	00:32:14	175.	6:30
175.	00:32:40	2043	Jan Packroff	M	25.	MJ	U14	SG Zons	00:32:09	173.	6:31
176.	00:32:52	2402	Mohammad Saleh	M	26.	MJ	U14	Fc Zons	00:32:21	176.	6:34
177.	00:33:07	2278	Ralf Reißberg	M	4.	M55			00:32:45	177.	6:37
178.	00:34:16	2226	Reinhold	M	4.	M65		FC Straberg	00:33:39	178.	6:51
179.	00:34:27	2030	Deniz Lukaszcyk	M	19.	M		Stadtbad- und Verkehrsgesellschaft	00:33:55	181.	6:53
180.	00:34:28	2029	Denis Walta	M	9.	M30		Stadtbad- und Verkehrsgesellschaft	00:33:55	180.	6:53
181.	00:34:28	2027	Robert Tempel	M	5.	M55		Stadtbad- und Verkehrsgesellschaft	00:33:55	179.	6:53
182.	00:34:28	2028	Volker Blank	M	7.	M45		Stadtbad- und Verkehrsgesellschaft	00:33:56	182.	6:53
183.	00:35:36	2356	Rolf Arnold Müller	M	8.	M50		Soimii Sibiu	00:35:08	183.	7:07
184.	00:36:03	2204	Leon Schmädicke	M	34.	MK	U12	BvS Dormagen Klasse 6e	00:35:59	184.	7:12
185.	00:37:07	2070	Thilo Wirtz	M	35.	MK	U12	FC Zons 1911 e.v.	00:36:56	186.	7:25
186.	00:37:08	2066	Leonard Ortiz Lopez	M	36.	MK	U12	FC Zons 1911 e.v.	00:36:59	187.	7:25
187.	00:37:15	2348	Jörg Schluckebier	M	6.	M55		Chemion Logistik GmbH	00:36:52	185.	7:26
188.	00:37:30	2336	Marvin Wittig	M	10.	MJ	U20	Laufenberg-Immobilien	00:37:06	188.	7:29
189.	00:38:42	2160	Markus Paffendorf	M	12.	M35			00:38:29	189.	7:44
190.	00:39:14	2180	Kai Greven	M	10.	M30		Tectrion GmbH	00:38:55	190.	7:50
191.	00:42:54	2062	Elijah Becksmann	M	37.	MK	U12	FC Zons 1911 e.v.	00:42:44	191.	8:34
192.	00:43:38	2038	Jonah Bruchholz	M	38.	MK	U12		00:43:16	192.	8:43

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